

Men's Backpacking Retreat

Men of MVBC,

We are planning one backpacking trip this summer

Date: August 7-9

Where: Stanley, Id; We will spend 2 nights on the mountain @ Imogene Lake,
<http://www.cooltrails.com/imogenelk.htm>

Depart: 6am on August 7, 3 hr drive to Trailhead @ 9 am

Return: 6pm on August 9, be out by 3 pm and 3 hr drive home

**You must prepare yourself physically for this hike, start walking and hiking in May for your enjoyment of this event, you will be packing a minimum of 30lbs



DETAILS

This will be about a 10 mile round trip

- 5.0 mile hike with vertical climb of about 1500'
- Day 2 reserved for relaxing or day hikes
- Lake with fishing
- 3 days & 2 nights
- *Wilderness Trek*
- Bible study time
- Sawtooth Wilderness

Some of the items you will need

Backpack (internal or external frame)
Sleeping pad
Dehydrated meals
Personal items
Water bottles

Light weight sleeping bag good to about 30 degrees
Good hiking boots
Light weight tent – partners will be able to share
Small Bible
Small flashlight